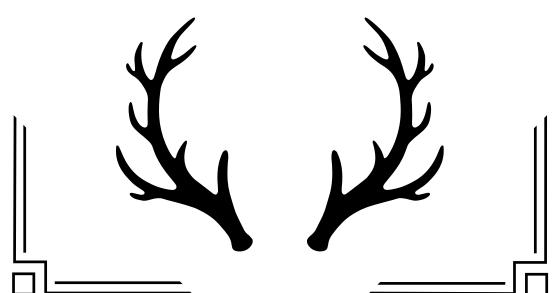


THE OWNER FAMILY'S MENU

The items on this menu are not just dishes but stories that invite you to share our family's traditions and flavors.





THE OWNER FAMILY'S MENU AND PEERÂ HOTELS & COTTAGES

Peerâ is Inari Sámi and means family. Peerâ Hotels & Cottages is a Northern Finnish family business with roots in Sámi culture, particularly in the ruggedly beautiful landscapes of Lake Inari. The products of the Peerâ chain reflect the traditions of the owner family, creating cohesive flavor experiences across all our restaurants. Every dish tells a story of our roots and culinary heritage.

The dishes of the Peerâ chain are not just meals but stories that invite you to share our family's traditions and flavors.

On the next page, you'll find the full menu. You can also select individual dishes, with their descriptions and stories available on the following pages!





YOU CAN CHOOSE FROM TWO PRE-DESIGNED MENUS

HILLA'S SALTED WHITEFISH SANDWICHES (L)

Embark on a journey into the fishing traditions of Lake Inari. Preparing salted fish is a skill passed down through generations, best enjoyed atop dark bread.

RAILI'S SAUTÉED REINDEER (L. G)

Bring to your plate a traditional delicacy slow-cooked in a cast-iron pot, served perfectly with local mashed potatoes and lingonberry preserve.

VESA'S HUNTER'S TOAST WITH CHANTERELLE SAUCE (L)

Rooted in decades of expertise in hospitality and culinary arts, this classic dish is crafted with passion and skill.

MINNA'S MUD CAKE (L)

A classic for passionate chocolate lovers, bringing joy to both everyday moments and celebrations.

MENU WITH SAUTÉED REINDEER: 52€

MENU WITH BREAD:

L = LACTOSE FREE G = GLUTEN FREE



HILLA'S SALTED WHITEFISH SANDWICHES

ALSO AVAILABLE GLUTEN-FREE.

16 €



Salt-cured Inari Lake whitefish

Rye bread

Lemon

Drink recommendation: Hans Baer Riesling (Karhuviini) 25cl 15€



G = GLUTEN FREE



HILLA'S SALTED WHITEFISH SANDWICHES

"I have been an avid fisherman since I was a child. If my mother couldn't find me at home, I was usually digging for baitworms behind the old sauna or fishing. One of the highlights of the year was getting to go to Lake Inari, to the shore of my mother's childhood home, to fish at my favorite perch spot.

Fishing is deeply rooted in Inari Sámi culture, with the knowledge of family fishing spots and fishing techniques passed down from generation to generation. I never met my mother's father, but my uncle and godfather Mauno has been my most important teacher of fishing heritage. He taught me the right fishing spots, the yearly fishing cycle, net fishing, ice fishing, fish handling, and so much more related to the craft.

As an adult, I have wanted to learn traditional net fishing, which my uncle taught me. Nowadays, I visit Lake Inari 2-3 times a year, enjoying the landscapes and fishing. Especially in October, before the ice arrives, I go fishing for Inari Lake whitefish (šapšâ) to fill up for winter and collect roe for Christmas. At its best, our family can catch nearly 100 fillets in a single day's net haul—a real fish factory!

Throughout the winter, I use whitefish in cooking. Salt-cured whitefish is one of my favorites, especially on dark bread. The salt and other desired flavors are used to season the raw fish fillet, which is tightly packed and left in the cold for at least 24 hours. Salted fish has always been served at the family table in Ivalo, and throughout my life, I have often heard the recurring question: 'Is the salt on the fish just right?"

- Hilla-Rina Palokari



RAILI'S SAUTÉED REINDEER (L, G) 28 €



Sautéed reindeer
Mashed potatoes with onion milk
Lingonberry preserve
Pickled cucumbers

Drink recommendation: Dark Karhu 0.3

4.2% 8€



L = LACTOSE FREE G = GLUTEN FREE



RAILI'S SAUTÉED REINDEER

At Lake Inari, on the shores of Siskeli, our family made sautéed reindeer together, with my father Topi taking part. Most often, we ate sautéed reindeer during the winter season, which started in November and lasted until April. The reindeer meat was obtained during the fall round-up when winter arrived and stored in nature's freezer, a cold storage. My father would cut the reindeer carcass before it was frozen.

The shoulder roast was eaten on holidays, and the roasts were saved for special celebrations, such as Christmas. Of course, there was enough meat from the reindeer for stews and sauces too. From the blood, my mother would make sausages, blood pudding, kumpus (a type of meat pie), and flatbreads.

My father's role in making sautéed reindeer started first, when the roast was still frozen and needed to be shaved into thin slices. Sometimes, the best way to do this was with an axe, and once it had warmed up a bit, he would continue with a knife.

The reindeer carcass contained meat and what is known as reindeer fat, which was used for frying. Sometimes butter was used, if it was available. The cooking pot was a cast-iron vessel, where the meat was fried, gradually adding the right amount. The liquid used was just plain water, with whole peppercorns and salt as seasoning.

The sautéed reindeer was eaten with mashed potatoes made from local potatoes, along with lingonberry preserve and pickled cucumbers. The lingonberries were picked by hand from the shores and peninsulas of Siskeli. The berries were mashed, and only sugar was added before serving. The berries were stored in a root cellar in 250-liter wooden barrels. The pickles were bought from the Ivalo store in 5 kg containers."

- Raili Palokari (os. Akujärvi)



VESA'S HUNTER'S TOAST WITH CHANTERELLE SAUCE (L) 24,50 €



Pork cutlet
Bread
Chanterelle sauce
Fresh cucumber / tomato
Parsley

Drink recommendation: Lapin Kulta Pure GI 8€



L = LACTOSE FREE G = GLUTEN FREE



VESA'S HUNTER'S TOAST

"I started my hotel career on January 28, 1970, at Hotel Pohjanhovi, when hotel manager Paul Nurmi hired me the day before as a piccolo. A few weeks later, I moved to the position of porter, which is now called a receptionist. During the winter, I also moved from the bar to the kitchen, into Gunnar (Soikka) Pistokoski's domain, where he taught me pretty much everything about the kitchen, from A to Z. I also got to participate and do everything in that great kitchen team, which I consider the most effective training place there ever was.

On some evenings, I had to cut steaks in the downstairs meat-processing room, back then from veal, which today has been replaced by pork loin. We had to cut about 150-200 pieces of 120-gram steaks at a time for the next day, with a maximum weight deviation of 5 grams. At first, I weighed them, but soon my eye learned, and it became very quick. Then, I would pound them between plastic sheets into large thin steaks and stack them on big trays, waiting for their use in the kitchen.

My specialty in the kitchen was preparing "hunter's toast" and sometimes "Louis Armstrong toast." The process started by cutting a sufficiently large square slice of French bread, which was dipped in an egg-flour mixture before being placed in a large pan to get a golden color quickly. A dollop of butter was added to the pan first, followed by the large, pounded steak seasoned with salt and white pepper. Then, the bread was placed in the pan next to the meat.

Soon everything was ready, and on a warmed plate, we would first place the bread, then the delicious steak on top, and generously cover it with the prepared mushroom sauce. Finally, as a garnish, a couple of fresh cucumber slices, cut from the center and folded from the sides, were placed on top of the sauce, along with a couple of tomato wedges next to them. To finish, a small bunch of parsley on top, and then quickly to the dining room. Bon appétit!"

-Vesa Palokari



MINNA'S MUD CAKE (L)

ALSO AVAILABLE GLUTEN-FREE.

9,50 €



Mud cake with powdered sugar Berries

Drink recommendation: A French press of coffee



L = LACTOSE FREE G = GLUTEN FREE



MINNA'S MUD CAKE

"Making sweet treats, pastries, and cakes has been a fulfilling hobby for me throughout adulthood, especially after having children. I have always had a soft spot for various showy cakes and chocolate pastries. For years now, I have baked sweet treats for special occasions, both for my family and for others upon request. Birthdays, in particular, have seen me baking one cake after another – I've even made a few wedding cakes.

As a passionate chocolate lover, I have tested many chocolatey delights, pastries, cakes, and desserts. However, one has firmly secured its place in our celebration table and even our everyday indulgent moments – the mud cake.

This cake has been a favorite among both children and adults, and I usually bake two at a time since it's always in demand. The mud cake is the go-to choice in our family when we need to pick something to bake. My mud cakes always have real chocolate in them, which guarantees their sweet, moist texture! Plus, it's easy to "dress up" the cake by using flavored chocolate (for example, Pätkis chocolate)."

- Minna Wiklund



Paihalas is a brewery and blendery in Sodankylä, Finland. We craft small batches of oak aged Arctic Wild ales in the heart of Lapland.

Our Arctic wild ales incorporate local groundwater, berries, wild herbs and indigenous yeasts and bacteria to create unique and complex mixed fermentation ales. We get majority of our malts from a small malt house called Pehkolan mallastamo located in North Ostrobothnia.

We ferment all of our beer in oak using a vast variety of yeast and bacteria not commonly found in commercial products. These yeasts and bacterias are a combination of lab grown cultures, ones captured in nature or collected from our favourite wild ales.

Our name is a tribute to long-gone Kemi Sami culture, taken from the Inari Sami word Páiháláš, which means local.

Inari Sami is the closest language relative to Kemi Sami which was once the main language spoken in Sodankylä region until its disappearence in 19th century. With this name we aim to honor and preserve the heritage of the Kemi Sami culture that still holds great significance in this region despite the extinction of the language. Kemi Sami hased culture was on deep understanding of local surroundings and co-existence with nature.



paihalas.com



SAY IT IN SÁMI

The family that owns Peerâ Hotels has Inari Sámi heritage. Peerâ is Sámi and means family. In our activities and destinations we bring out the Sámi language and culture. We donate 0.10€ for every night of accommodation in our hotels to the preservation and development of the Sámi language and culture.

Did you know that...

...The Sámi are the only indigenous people living in the European Union ...About 2000 people in Finland speak Sámi as their mother tongue ...There are three Sámi languages spoken in Finland

ENGLISH - INARI SÁMI DICTIONARY

Good day! Pyeri peivi!

What's up? Maggaar meeinig?

Good evening! Pyeri eehid!

Good night! Pyeri ijjâ!

Thank you - Takkâ

You're welcome - Pyerrin liävus

Can I have a pint? Uážuččim-uv vuolâ?

Bon appétit! Pyeri puurrâmlusto

Super good - Hirmâd njäälgis!

Can I have the bill - Uážum-uv reekkig?

l'II pay - Mun máávsám

Pretty cheap - Uáli hälbi

Where is the toilet? Kost lii hiivsig? Do you have any rooms available? Láá-uv tist rijjâ visteh?

Sweet dreams - Pyeri ijjâ!

My name is... Muu nommâ lii...

You have beautiful eyes - Tust láá mučis čalmeh

l love you - Mun rähistâm tuu

Handsome guy - Mučis kandâ

Beautiful chick - Mučis nieidâ

Will you marry me - Áálgáh-uv muu kálgun?

www.sanosesaameksi.fi



SPONSORING

With our name, we highlight the roots of the owner family and actively promote the diversity and continuity of Sámi culture and languages through concrete actions. To support this cause, we donate €0.10 for each overnight stay annually to Northern Europe's only Indigenous people, contributing to the preservation and development of Sámi culture and languages. By giving back, we aim to connect and enhance the richness of our region.

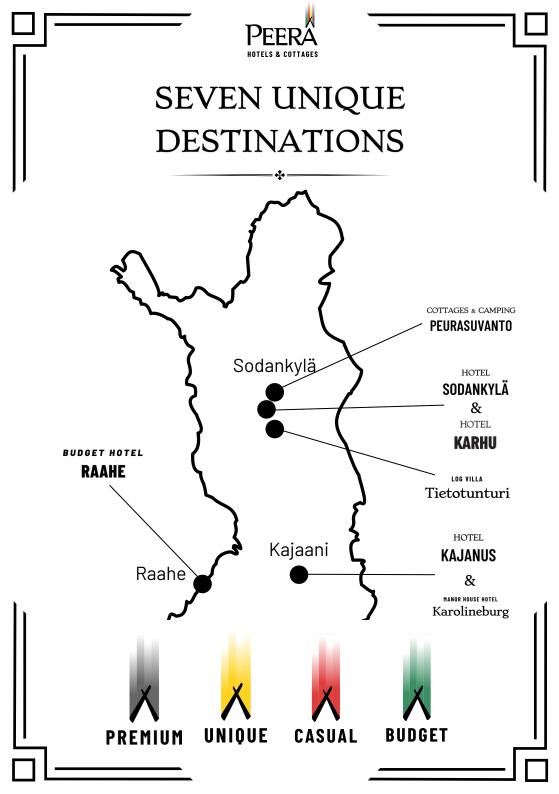
Each year, we select an organization that represents Sámi culture or language as the focus of our support. In 2024, our beneficiary is the Inari Sámi Language Association, Anarâškielâ Servi ry.

The Inari Sámi Language Association documents and develops the use of the Inari Sámi language by publishing books and newspapers and collaborating on research with universities, such as the University of Oulu and the Arctic University of Norway. In recent years, the association has undertaken various projects to produce original literature in Inari Sámi and translate youth literature from other languages.

The funds will be used for the publication of Inari Sámi books. A new generation of language speakers needs reading materials to practice active language use. Literature that appeals to young people and addresses modern life in Inari Sámi is extremely limited. Books play a vital role in expanding young people's vocabulary and keeping the language rich and alive.

THANK YOU FOR JOINING US IN SUPPORTING OUR CAUSES!

#WEAREONEFAMILY #OLEMMEYHTÄPERHETTÄ





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